



Together we love; together we learn

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6th November 2024

Calm Connections, Tea & Talk

Dear families,

Calm Connections, our support group for parents/families of children with SEND (Special Educational Needs and Disabilities - this includes mental health) is going from strength to strength and has been so well received by the parents who have attended. If you are unfamiliar with the group, it is an event to enable adults who have children with SEND needs to share and make connections with others. Your child does not need to have a diagnosis or even be on the SEND register for you to attend. Everyone is welcome and, if you feel you would benefit from a space to connect with other parents, then please do come along.

You will be greeted with a hot cup of tea or coffee (most definitely some biscuits too!) and friendly, welcoming faces. It is a place where many people connect based on similar experiences and feel supported by others in a relaxed, safe environment. You can decompress, offload, share, listen or just have a quiet hour to yourself with a nice piece of cake.

The next TWO Calm Connections, Tea & Talk events will be on:

Friday 15th November, 8.45-10am

Friday 13th December, 8.45-10am

in Barford Bright Stars.

If you have any questions, please do not hesitate to contact me and I really look forward to welcoming some of you there.

Very best wishes

Mrs Lucy Rose

Deputy Head Teacher & SENDCO



A supportive space, where everyone is welcome, for our families who are supporting SEND and Mental Health needs