



**Together we love; together we learn**

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## **Calm Connections, Tea & Talk**

Dear families,

I am delighted to share with you that we are launching a brand new opportunity for parents, carers and families to come together at Barford St. Peter's. Through discussions with many of you over the last couple of terms, many of our families would welcome the opportunity to chat with other parents who may have children with Special Educational Needs or disabilities (SEND), as well as those with children who may have social, emotional and mental health needs (SEMH). It is an opportunity to meet each other, share experiences and ask questions. It is important to realise that you are not alone on this journey and there are many treading a similar path!

We would like to invite any parents, carers or adult family members of our school community to attend our very first **Calm Connections, Tea and Talk** event.

**It will take place on Friday 14<sup>th</sup> June at 8.45am in Barford Bright Stars.**

This is the room where before and afterschool wraparound care is held and you can come straight in after drop-off or arrive a little later if that suits you better. This is an event to enable adults who have children with SEND or SEMH needs to share and make connections with others. For health and safety, it is with regret that we cannot accommodate small children at this event.

You will be greeted with a hot cup of tea or coffee (most definitely some biscuits too!) and friendly faces. It aims to be a place where we hope people will be able to connect and feel supported by others in a relaxed environment.

We look forward to welcoming many of you there. If you have any further questions about the event, please do not hesitate to contact me or Mrs Michelle Bunn, our Mental Health Lead.

Very best wishes

Mrs Lucy Rose

Deputy Head Teacher & SENDCO



A supportive space, where everyone is welcome, for our families who are supporting SEND and Mental Health needs