



Together we love; together we learn

Church Street  
Barford  
CV35 8EW

Email: [admin3587@welearn365.com](mailto:admin3587@welearn365.com)

Tel: 01926 624244

Head teacher: Mary-Ann Baker

7<sup>th</sup> January 2025

## Calm Connections, Tea & Talk

Dear families,

Happy New Year! I hope you had a peaceful and happy Christmas. It was wonderful to see lots of our regular parents at last term's Calm Connections' meet ups.

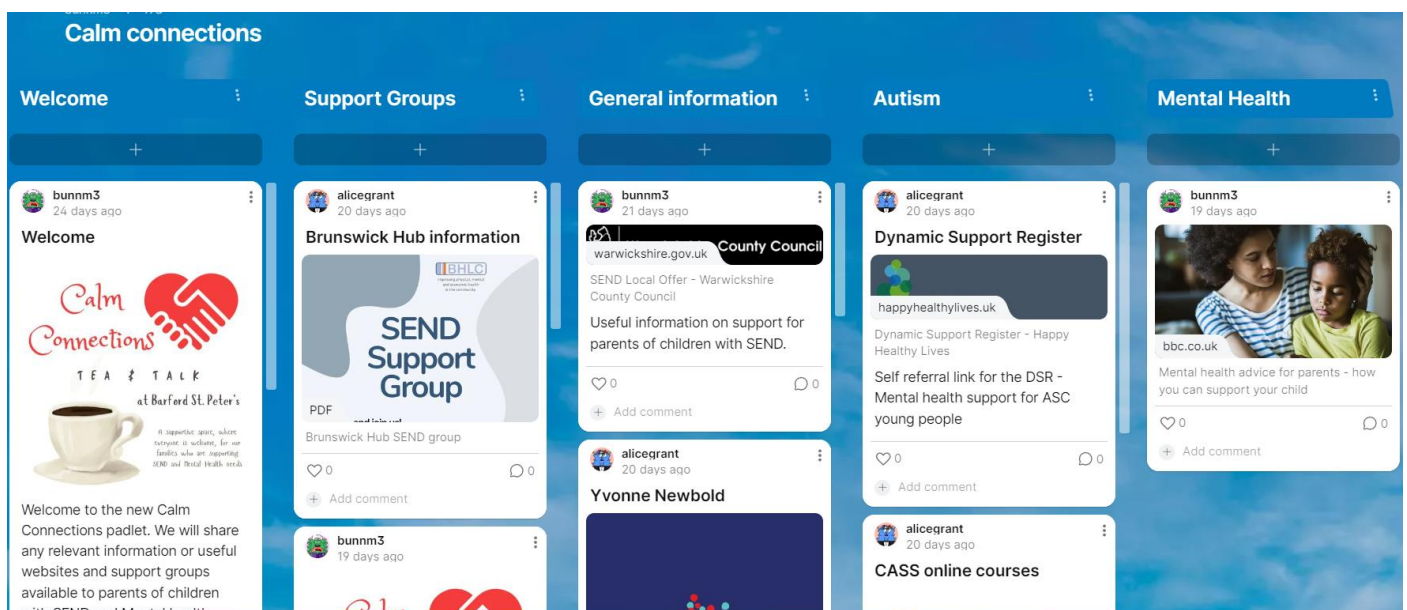
At our December meeting, as well as consuming too many mince pies (!) we welcomed Alice Grant, our Local Authority Targeted Support Officer, who came and shared a wealth of expert knowledge and information about support that can be accessed to help you with your children and family outside of school. She shared avenues as to how parents can seek extra help with their children's mental health as well as clubs and external providers who are able to help provide activities for children with autism and ADHD.



A supportive space, where everyone is welcome, for our families who are supporting SEND and Mental Health needs

We have created a Calm Connections online Padlet where we are regularly uploading lots of this useful information so that it is all in one place to access as and when you require. Alice is also part of this and will be regularly sharing anything she believes might be of interest. If you would like access to the Padlet, it is easy to sign up for a username [HERE](#). Once you have a username, please email it to me at [sendco@barfordstpeters.co.uk](mailto:sendco@barfordstpeters.co.uk) and I will add you.

If you are not familiar with Padlet, it is like an online notice board and our page looks like this:



**The next TWO Calm Connections, Tea & Talk events will be on:**

**Friday 31<sup>st</sup> January, 8.45-10am**

**Friday 14<sup>th</sup> March, 8.45-10am**

**in Barford Bright Stars.**

Calm Connections is our support group for parents/families of children with SEND (Special Educational Needs and Disabilities - this includes mental health). If you are unfamiliar with the group, it is an event to enable adults who have children with SEND needs to share and make connections with others. **Your child does not need to have a diagnosis or even be on the SEND register for you to attend.**

**Everyone is welcome** and, if you feel you would benefit from a space to connect with other parents, then please do come along.

You will be greeted with a hot cup of tea or coffee (most definitely some biscuits too!) and friendly, welcoming faces. It is a place where many people connect based on similar experiences and feel supported by others in a relaxed, safe environment. You can decompress, offload, share, listen or just have a quiet hour to yourself with a nice piece of cake.

If you have any questions, please do not hesitate to contact me or Mrs Michelle Bunn and we really look forward to welcoming some of you there.

Very best wishes

**Mrs Lucy Rose**

Deputy Head Teacher & SENDCO