



**Together we love; together we learn**

Church Street  
Barford  
CV35 8EW

Email: [admin3587@welearn365.com](mailto:admin3587@welearn365.com)

Tel: 01926 624244

Head teacher: Mary-Ann Baker

Dear parents,

Firstly, I would like to express my heartfelt gratitude for the kind welcome I have received during my first year working at Barford St. Peter's. I have had the most wonderful year, thoroughly enjoying getting to know your amazing children and working with some of our lovely families. We have been so impressed with how hard the children have worked during the final weeks of term and they all deserve a well-earned rest, with time to recharge. With the summer holidays fast approaching, I wanted to share a few things that are useful to bear in mind over the holidays; some of these are helpful things that you can be doing in preparation for returning to school in September.

With warmest wishes,

**Mrs Lucy Rose**

*Deputy Head Teacher & SENDCO*

## Support for September transition



Even though it may feel a long way off, now can be a good time to start preparing your child for any changes coming in September, whether they are moving to a new class, or key stage, or moving to a new school. Some children will take these changes in their stride but others might need extra support, so it is helpful to prepare your child in good time to help them get used to new routines, and to talk

about any worries or feelings they might have. Warwickshire's Local Offer pages provide a wealth of resources to support school transitions, from videos and stories you can share with your child, activities you can do together and checklists for parents and carers. <https://www.warwickshire.gov.uk/transitions>

## Turn on the Subtitles



Some of you may be aware of the 'Turn on the Subtitles' campaign and how effective it has been at improving children's reading. It really is as simple as it sounds. **Top scientists have proven that turning on the subtitles of TV programmes can DOUBLE the chances of a child becoming good at reading!** Visit the website for more information. [turnonthesubtitles.org](http://turnonthesubtitles.org)

## Has your child had their eyes tested?

If they never have seen an optician, how do we know if our children can see well or not? The summer holidays is a great opportunity to book a test and ensure they are ready for school in September. Children's eye tests are FREE and an important part of their health that can easily be forgotten.



## Is your child eligible for Free School Meals?

You can check the eligibility criteria and apply through the Warwickshire online portal. <https://www.warwickshire.gov.uk/education-learning/apply-free-school-meals>

All children in EYFS and Key Stage 1 receive free school meals however **please do apply if you think you are eligible** as this provides the school with additional funding to support your child and they will continue to receive free school meals for the duration of their time at primary school.

## Do you know what your child is watching on YouTube?



Please read these YouTube safety tips to ensure that your child can use YouTube safely. It is safer for Primary school children to access YouTube Kids.

<https://www.internetmatters.org/hub/guidance/youtube-tips-and-tricks-to-keep-your-children-entertained-and-safe/>

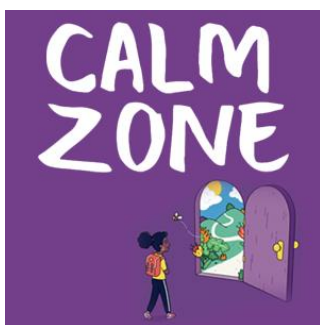
## Need someone to talk to?

Wellbeing for Warwickshire are friendly spaces based in several locations across Warwickshire and they provide social and emotional wellbeing support in a relaxed café type environment. No need to book. Just drop in.

Leamington Football Club, Harbury Lane, CV33 9QB 1<sup>st</sup> and 3<sup>rd</sup> Thursday of the month – 10.30am to 12.30pm

## Extended 111 service to help those in mental health crisis in England

People of all ages living in Coventry and Warwickshire can now access urgent mental health support directly via NHS 111, 324/7, 365 days a year. Dial 111 and choose the 'mental health' option to be put through to a specially trained member of Coventry and Warwickshire Partnership NHS Trust's local crisis service. You can call for yourself or if you're a friend, carer, family member or GP worried about someone else.



## Is your child struggling with their emotions?

Do check out the Mental Health and Wellbeing page of our school website for lots of resources. A great online resource is Calm Zone. You can find it here: <https://www.childline.org.uk/toolbox/calm-zone/> It is a ChildLine resource with breathing activities, calming games and puzzles, creative strategies to help children express how they are feeling, yoga videos and lots more ways to manage feelings of anxiety, sadness or anger. Suitable for children of all ages.

**CASS is available to adults and children 5+ who are awaiting a neurodevelopmental assessment, those diagnosed autistic and their families and carers.** They offer a range of services including peer mentoring, parent workshops, one to one support and group courses. Call 02476 012333 Monday – Friday 8am -8pm or email [navigation@casspartnership.org.uk](mailto:navigation@casspartnership.org.uk) to find out more about what they can offer.

